

## Female Teams

Pos	Total Time	Team	Team Name (Category)	Lap	Pos	Split Time	Runner
1	00:44:44	62	Kilbarchan AAC Ladies ( Fren )	1	3	00:15:14	Christina Rankin
				2	1	00:14:23	Elsbeth Curran
				3	1	00:15:07	Kerry MacAngus
2	00:47:42	28	Shettleston Harriers Ladies ( Fopen )	1	2	00:15:10	Avril Manson
				2	2	00:16:06	Kathryn
				3	2	00:16:26	Jessica Martin
3	00:49:38	101	Giffnock North AC Ladies ( Fren )	1	6	00:16:00	Kate Richardson
				2	6	00:17:45	Emma Chamberlain
				3	3	00:15:53	Helen Chong
4	00:50:37	35	Springburn Harriers L Vets ( Fvet )	1	7	00:16:04	Ruth Fraser-Moodie
				2	9	00:19:23	Jeanette Craig
				3	4	00:15:10	Michelle Sandison
5	00:50:57	27	Kilbarchan AAC - U17 ( Fren )	1	8	00:16:08	Alisha Sivell
				2	4	00:17:22	Laine Alemu
				3	5	00:17:27	Eilidh Gibson
6	00:51:07	36	Garscube Harriers Ladies ( Fopen )	1	1	00:15:07	Lesley Chisolm
				2	5	00:18:33	Alison Woods
				3	6	00:17:27	Laura Gray
7	00:51:48	52	Dumbarton AAC Ladies ( Fopen )	1	10	00:16:30	Nikki Lyons
				2	3	00:16:59	Charlene Kelly
				3	7	00:18:19	Lynsey Lennox
8	00:52:12	102	Giffnock North AC Ladies B ( Fren )	1	13	00:17:04	Allie Chong
				2	8	00:17:59	Nina Farmer
				3	8	00:17:09	Jill Smylie
9	00:53:14	26	Kilbarchan AAC - Vets L ( fvet )	1	11	00:16:45	Sharon Hastie
				2	7	00:17:50	Joanne McDowall
				3	9	00:18:39	Caroline Cochran
10	00:53:17	57	Kirkintilloch Olympians Ladies Vets ( Fvet )	1	12	00:17:02	Suzanne Shaw
				2	13	00:19:24	Allison Law
				3	10	00:16:51	Annemarie McGregor
11	00:53:29	31	Bellahouston Road Runners L Vets ( Fvet )	1	15	00:17:43	Shona Donnelly
				2	10	00:18:10	Jane McNeilly
				3	11	00:17:36	Claire Wharton
12	00:54:00	40	Scottish Prison Service AAC L Vets ( Fvet )	1	5	00:15:37	Jill Knowles
				2	12	00:20:48	Sarah Whalen

				3	12	00:17:35	Jennifer Telford
13	00:54:11	103	Giffnock North AC Ladies C ( Fren )	1	18	00:18:13	Stephanie Lille
				2	15	00:18:27	Kathleen McLachlan
				3	13	00:17:31	Miriam Gilbride
14	00:55:05	63	Kilbarchan AAC Ladies B ( Fren )	1	9	00:16:10	Holly Thompson
				2	14	00:20:30	Julia Wylie
				3	14	00:18:25	Sandra Houldsworth
15	00:56:03	66	Bellahouston Harriers Ladies ( Fren )	1	14	00:17:27	Kristina Greig
				2	17	00:19:57	heather Rowan
				3	15	00:18:39	Rebecca Simister
16	00:57:52	65	Bellahouston Harriers ladies Vets ( Fvet )	1	17	00:18:08	Claire McCormick
				2	18	00:20:24	Tania Duffy
				3	16	00:19:20	Angela Carson
17	00:58:09	37	Garscube Harriers L Vets ( fvet )	1	25	00:19:18	Kath Scott
				2	20	00:19:47	Morag Casey
				3	17	00:19:04	Ann White
18	00:58:18	41	Ayr Seaforth - L Vets ( Fvet )	1	4	00:15:30	Toni McIntosh
				2	11	00:20:44	Ruth Kirk
				3	18	00:22:04	Abby Cunningham
19	00:58:33	38	Garscube Harriers Ladies B ( Fopen )	1	16	00:17:46	Yvinne Burgess
				2	19	00:20:47	Kirsten Mathew
				3	19	00:20:00	Amy Croamarty
20	00:58:34	82	Calderglen Harriers Ladies ( Fopen )	1	20	00:18:27	Kay Conneff?
				2	22	00:21:07	Alexandra Hayden
				3	20	00:19:00	Alison Lessells
21	00:59:09	64	Houston Runners ( Fvet )	1	26	00:19:27	Laura Joyce
				2	23	00:20:17	Victoria Clark
				3	21	00:19:25	Diane Gray
22	00:59:19	76	w Caledonia University Athletics Ladies B (	1	21	00:18:44	Rhonwyn Smith
				2	21	00:20:46	Zoe Phillips
				3	22	00:19:49	Megan Gemmell
23	00:62:07	23	Greenock Glenpark Harriers L Vets ( Fvet )	1	19	00:18:15	Marian Monk
				2	16	00:19:07	Claire Monaghan
				3	23	00:24:45	Nathalie Smith
24	00:62:30	89	irvine Running Club Ladies Vets ( Fvet )	1	22	00:18:45	Jennie Jackson
				2	24	00:21:05	Alsion Gartland

